

## E. PACKING LIST ~ How many pairs of socks do I need?

Pack casual, comfortable clothing. It is helpful to mark all of your child's belongings. Camp Gray assumes no responsibility for lost or left-behind items. Unclaimed lost and found items are kept at camp for one week, after which they are donated to a charity.

**★ Please note that campers are encouraged to dress modestly, and expected to dress appropriately. As such, we prefer that campers wear one-piece swimsuits, and discourage campers from wearing clothing which is overly-revealing (such as bare midriffs or spaghetti-straps). Campers will be asked to not wear any clothing which displays or promotes a message which is inappropriate for their age (incl. alcohol) or in conflict with Christian values.**

The following is a suggested list of clothing and items to bring:

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| <input type="checkbox"/> shorts (2-5 pairs)                            | <input type="checkbox"/> toiletries (soap/wash cloth, toothbrush/paste, shampoo, hair brush, deodorant, lotion, lip balm); can be placed in a bucket or bag |
| <input type="checkbox"/> t-shirts (5-6)                                | <input type="checkbox"/> sleeping bag or bed linen (Trailblazers, Ranch, Pathfinders will need a sleeping bag for their overnight camp-out)                 |
| <input type="checkbox"/> optional white shirt for tie-dyeing           | <input type="checkbox"/> pillow   |
| <input type="checkbox"/> wind breaker                                  | <input type="checkbox"/> a sheet (to cover the plastic mattress cover)  |
| <input type="checkbox"/> underwear/socks (5-6 pairs)                   | <input type="checkbox"/> laundry bag/plastic bag  |
| <input type="checkbox"/> jeans/long pants (1-2)                        | <input type="checkbox"/> flashlight   |
| <input type="checkbox"/> gym shoes                                     | <input type="checkbox"/> water bottle   |
| <input type="checkbox"/> sweater/sweatshirt                            | <input type="checkbox"/> camera/film  |
| <input type="checkbox"/> pajamas                                       | <input type="checkbox"/> stationery/stamps  |
| <input type="checkbox"/> rain coat                                     | <input type="checkbox"/> pen/pencil   |
| <input type="checkbox"/> sunhat/cap                                    | <input type="checkbox"/> books to read at rest time   |
| <input type="checkbox"/> water shoes/sandals                           | <input type="checkbox"/> camp cross (returning campers gr. 7 and up)  |
| <input type="checkbox"/> bath towel                                    | <input type="checkbox"/> copy of health form ( <b>incl. copy of health card</b> )   |
| <input type="checkbox"/> swim suit (one-piece preferred)               | <input type="checkbox"/> "Waiver and Release of Liability" form (if not already mailed to camp)   |
| <input type="checkbox"/> swim towel                                    |   |
| <input type="checkbox"/> swim goggles                                  |   |
| <input type="checkbox"/> sunscreen (SPF 15 plus/waterproof)            |   |
| <input type="checkbox"/> mosquito repellent                            |   |
| <input type="checkbox"/> medications ( <b>in original containers</b> ) |   |

The following is a list of items that should **not** be brought:

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| <ul style="list-style-type: none"><li>• firearms/slingshots</li><li>• pets/animals</li><li>• fireworks</li><li>• portable video games / electronic toys</li><li>• snack foods (may be purchased at canteen)</li><li>• knives</li><li>• matches/lighter</li><li>• sports equipment (skateboard, fishing gear, etc.)</li></ul> | <ul style="list-style-type: none"><li>• tobacco products</li><li>• alcohol</li><li>• illegal drugs</li><li>• hair dryers/curling irons</li><li>• personal vehicle (automobile, bike, etc.)</li><li>• radio, TV, boom box</li><li>• personal music player (<i>Walkman, iPod, etc</i>)*</li><li>• cell phone*</li></ul> |
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\* An exception to this can be made if you feel that the use of a personal music player will help your child fall asleep at night. In this case, please speak with your child's counselor about this during check-in.

\* Why no cell phones at camp? Aside from the fact that cell phones are expensive and can get misplaced or damaged in the active, outdoor environment of camp, we have two fundamental concerns in this area. First of all, we feel that the camp experience is most powerful when campers can "retreat" from their normal cares, concerns, and routines, and the "instant" communication provided by cell phones makes it difficult to do this. Secondly, this "instant" communication with home can prevent the camp staff from quickly addressing problems that may arise with your child. As children learn to trust other caring adults, they grow and learn to solve some of their own challenges. This emerging independence is a great benefit of the camp experience! To this end, we agree to contact you if your child is experiencing a challenge to their adjustment to camp. You can help by talking with your child before they leave for camp, and telling them that there is always someone they can reach out to, including any staff member. Thank you!